



 met
italian food & sushi

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MET LUNCH MENU



Met Lunch open from monday to friday
from 12.00 pm to 3.00 pm

APPETIZERS

Ham from Parma dop and Buffalo mozzarella from Campania (125 gr.)	€ 10
Burrata from Andria (125 gr.) crispy whole wheat bread slice with sauted chicory	€ 8
Patanegra and grilled focaccia	€ 12

FIRST COURSES

Tonnarelli cheese and pepper	€ 10
Spaghetti carbonara style (eggs and crispy bacon)	€ 10
Mezzo pacchero with baked tomatoes and basil	€ 8
Spaghetti made of Kamut with clams	€ 12

MAIN COURSES

Sliced beef dry age grilled vegetables and wild salad	€ 18
Beef hamburger, tomatoe, cheese and french fries	€ 13
Grilled salmon steak and vegetables of the day	€ 16
Tuna Steak with sesam, sauted spinach and teriyaki	€ 18

DESSERTS

Babà with Strega liquor and seasoned fruits	€ 6
Homemade tiramisù	€ 6
Cake of the day	€ 5